

Kur POST

SPRING
2016



SIMPLE, NATURAL AND SUBSTANTIAL...

Our Head Chef, Erik Kroun, ensures that the food served in all our restaurants lives up to our vision of the healthy life, while still tasting great.



WE ARE BEAUTIFYING

Over the next six months we will refurbish our rooms and hallways. We aim to make them the new jewels in our crown.



EST. 1898

WELCOME

Dear Guest,

It is with great pleasure and pride we present our newspaper, KUR*POST, which every three months will update you on life and developments here at Kurhotel Skodsborg. During the year we offer events, workshops and happenings which will, in turn, challenge and pamper the body and mind, with an abundance of classical and modern music as well as inspiration for a healthy lifestyle filled with joy.

We began the year by opening a new restaurant and are now delighted to be able to welcome you to The Brasserie on the top floor and The Restaurant on the ground floor. Our Head Chef Erik Kroun will treat guests to unforgettable dining experiences, including exclusive private dining parties at his astonishing Chef's Table.

Very soon spring will arrive, meaning that we will be training outdoors again, having more leisurely ocean dips from our private jetty, and will be enjoying life with chilled white wine on The Lobby's beautiful terrace.

A heartfelt welcome to Kurhotel Skodsborg,

Mai Kappenberger
CEO, KURHOTEL SKODSBORG

**The title of our newspaper, Kurpost, originates from the Danish word "kur", meaning "cure" or "treatment".*

Historically "kur" often replaces the word "spa", when used together with, e.g., "hotel" and "town", like in our name "kurhotel skodsborg".

Published by Kurhotel Skodsborg A/S · Skodsborg Strandvej 139 · DK-2942 Skodsborg · Denmark · +45 4558 5800 · info@skodsborg.dk · Skodsborg.dk

Outdoor activities

WE WELCOME SPRING



Our historic spa hotel is situated in the most beautiful part of North Zealand, between the ocean and the forest, bordering directly onto Dyrehaven, one of the most exquisite nature reserves in Denmark – a unique position a mere 20-minute drive from the centre of our bustling capital.

Obviously we do our best to profit from this outstanding location, when we carry out our diverse range of workouts.

WORK OUT BY THE OCEAN

When spring – and the sun – arrives, we invite guests to do TRX at the work station by

the ocean, just as our CrossFit Instructors lure their followers to join them on the grass or in the forest for classes in CrossFit and Qi gong.

Our rooftop not only welcomes sun-lovers but also offers sessions in yoga and mindfulness and even at times the more forceful zumba and dance lessons.

WHEN SUMMER COMES

Our backyard, Dyrehaven and Jægersborg Hegn, beckons guests to enjoy nature and the historic sights on the designated running and walking tracks year round.

All year round you will also find our guests

winter bathing in the morning and the late afternoon, and the most daring, self-confessed fitness fanatics, pull on a wetsuit and go ocean swimming for hours on end, even when the water is freezing.

They are all anxiously waiting for summer, though, as summer means ocean swimming for everybody and our preferred new toy, the SUP (stand up paddle) boards provide some of the most entertaining exercise around...

MORE INFORMATION

Find more information about the many outdoor activities under **TEAM ACTIVITIES** at Skodsborg.dk



VILLA REX



CAKE OF THE YEAR 2016
'ORANGE CRUNCH' BY
OUR CONFECTIONER
LINE GORM MØLLER



FLOWERS OF THE SEASON



BEAUTIFUL
SURROUNDINGS



April-May-June 2016

EVENTS AT KURHOTEL SKODSBORG

LOBBY TUNES

EVERY FRIDAY

Warm up for the weekend with great, jazzy tunes by selected talents from the Rhythmic Music Conservatory in The Lobby.

Our competent bartenders will serve innovative, tasty cocktails and mocktails – developed in collaboration with Copenhagen Cocktail Legend, Gromit Eduardsen – while the kitchen will tempt guests with light dishes and snacks.

Every Friday 5-11 pm
Free entry

SUNDAY MATINÉ

EVERY SUNDAY

Young talents play selected classical masterpieces, while guests enjoy “Tea with Georg” – our Nordic version of the traditional afternoon tea, coffees brewed with dedication or a light lunch.

Every Sunday 2-4 pm
Free entry

Please note that you do not need to make an advance reservation for Lobby Tunes and Sunday Matinée.

APRIL

21

SARA BLÆDEL AND
YRSA SIGURDARDOTTIR

Nordic Noir at Skodsborg

In collaboration with best-selling Author, Sara Blædel, we invite guests for an intimate author’s event with Icelandic Author, Yrsa Sigurdardottir.

Thursday 21 April 8-10 pm

23

DRY SKIN BRUSHING

Experience the benefits of dry skin brushing, followed by luxurious pampering in the steam room with cleansing and humidifying body scrub.

Saturday 23 April 1-3 pm

29

THE WINE QUEEN
AND THE KITCHEN KING

Thilde Maarbjerg, Head Sommelier at Løgismose Vin and Thomas Rode, former Michelin-starred Chef, indulge ten lucky guests in our show kitchen, Kitchen Rex.

Friday 29 April 7-11 pm

30

RESTORATIVE YOGA
& SAUNAGUS

Workshop with Mariann Mie Haslund and Tina R. Andersen. The workshop combines restorative and medical yoga with SaunaGus (mist sauna) and ocean dip. Saturday 30 April 12.00 noon-3 pm

MAY

03

SUN & SLIMMING

Visit our Spa Beauty, where the experts will share insider tips about sun and slimming. Tuesday 3 May 10 am-7 pm

03

WINE & DINE

We welcome you to a pleasurable evening with a 3-course menu composed by our Head Chef, Erik Kroun, and a carefully matched wine menu by Annelise Ladegourdie.

Tuesday 3 May 6.30-10 pm

07

COPENHAGEN PIANO
QUARTET

Classical at Skodsborg. Copenhagen Piano Quartet interprets works by W.A. Mozart, Robert Schumann and Friedrich Kuhlau.

Saturday 7 May 4-6 pm

21

“FULL THROTTLE AT KS”

12-hour “Training for Warriors” boot camp (men only). Challenge yourself with a 12-hour intense boot camp with Kurhotel Skodsborg’s CrossFit Gurus Ole Cosmus and Thomas Rode.

Saturday 21 May

22

SKODSBORG SILENT RETREAT

Retreat with Marie Kronquist. SaunaGus (mist sauna) and an ocean dip will awaken your senses and prepare your body for a day in meditative peace and quiet. Sunday 22 May 7 am-7 pm

27

THE KITCHEN KINGS

With Thomas Herman and Thomas Rode. Thomas Herman (former Master Mind behind – and Head Chef at – Michelin-starred restaurant Herman in Tivoli Gardens) and Thomas Rode treat ten lucky guests to an exquisite menu which they will never forget!

Friday 27 May 7-11 pm

29

MATCHA - A SUNDAY
DEDICATED TO TEA

With Mette Marie Kjær (Sing Tehus) and Thomas Rode. A blissful day dedicated to yoga, SaunaGus (mist sauna), matcha tea, and brunch by former Michelin-starred Chef, Thomas Rode.

Sunday 29 May 9 am-2 pm

29

MINDFUL POWER TRAINING

Workshop with Vinnie Davida Søndergaard. The workshop combines intense functional training with yoga, relaxation and meditation.

Sunday 29 May 11 am-2 pm

JUNE

01

We open our rooftop lounge area, spoiling guests with snacks, drinks and a glorious view...

9

BEER TASTING
WITH TEEDAWN

Enjoy an intimate and educative beer tasting with TeeDawn, the tasty trend-setting lowcaholic beers, and scrumptious snacks from our kitchen.

Thursday 9 June 5-7 pm

10

SUMMER FEET

Enjoy a lovely footbath in our Spa Beauty and let us introduce you to all the new summer colours in nail polishes.

Friday 10 June 10 am-7 pm

16

SARA BLÆDEL AND
CECILIE FRØKJÆR

Nordic Noir at Skodsborg TV Personality and Author, Cecilie Frøkjær, interviews bestselling Crime Author, Sara Blædel, about her most recent book BEDEMANDENS DATTER (The Undertaker’s Daughter).

Thursday 16 June 8-10 pm

25

DRY SKIN BRUSHING

Experience the benefits of dry skin brushing, followed by luxurious pampering in the steam room with cleansing and humidifying body scrub.

Saturday 25 June 11 am-1 pm

FIND MORE INFORMATION,
AND BUY YOUR TICKET, AT
[SKODSBORG.DK/EVENT](https://skodsborg.dk/event)



"THE REFURBISHED ROOMS WILL
BE THE JEWELS IN OUR CROWN,"
SAYS CEO, MAI KAPPENBERGER



WE ARE BEAUTIFYING

“The refurbished rooms will be the jewels in our crown,” says our CEO, Mai Kappenberger

We have a vision: Kurhotel Skodsborg is to be the leading spa hotel in the Nordic Region. To fulfil this vision we have, among other parameters, developed a long term design strategy in collaboration with architect Mikael Mammen. As part of this strategy we have upgraded our front-of-house facilities, like The Lobby (inaugurated in May 2014) and The Restaurant by Kroun (inaugurated in January 2016), and are currently beautifying our rooms and hallways to the same international standard.

Over the next six months we will renovate 16 rooms completely, while all the remaining rooms will be refurbished with new furniture, carpets, curtains and accessories. Furthermore we will refurbish the hallways.

Four of the rooms will be joined to create two suites, and one room will be expanded to a suite, leading to a total of five suites, and reducing the number of rooms to a total of 83.

We plan on closing down approximately ten rooms at a time, and we will do our utmost to ensure that the renovation will not affect your experience as our valued guest.

We look forward to welcoming you to our new jewels in the late summer of 2016.

SIMPLE, NATURAL AND SUBSTANTIAL...

At Skodsborg, the healthy choice is always the easy choice, and an unforced, natural part of the way we pamper our guests. Head Chef Erik Kroun ensures that the food served in all of our restaurants lives up to our vision of the healthy life, while still tasting great.

“It’s our ambition that all guests who enjoy a meal at Kurhotel Skodsborg will have a unique experience in the form of the exceptional calm and pleasure which is only possible away from the hectic rhythm of the big city,” says Erik Kroun, Head Chef at Kurhotel Skodsborg.

Erik Kroun has not only been responsible for the overall food strategy at Kurhotel Skodsborg since late 2014, he is also the master mind behind our new gastronomic space: The Restaurant by Kroun, which incidentally bears his name.

At The Restaurant by Kroun a one-ton marble table in the Pavillion with a view of Øresund is the stage for Erik’s Chef’s Table. The table can be booked for exclusive, private dining with a menu personally prepared for you and your guests – with dishes getting the final finishing touches at the Chef’s table or served perfect and complete. Erik’s wing man, Restaurant Manager, Martin Troelsen, selects the best wines from our cellar to compose a harmonious wine menu that is perfectly attuned to the evening’s delicacies.

“NORTH SEALAND HAS A NEW GASTRONOMIC BEACON”
The new gastronomic space has already received unreserved praise from reviewers:

“Kurhotel Skodsborg has a new gourmet restaurant which mixes grandiose luxury with the savagery of nature. White Guide does not hesitate in placing The Restaurant by Kroun in the category “Master Class”,” writes leading Danish finance website Finans.dk in collaboration with Michelin Guide-contender, White Guide Denmark.

“North Zealand has a new gastronomic beacon. Kurhotel Skodsborg opened “The Restaurant by Kroun” in late January with a kitchen that doesn’t compromise on anything and must be a candidate for a Michelin star,” writes Editor in Chief, Nils Finderup in the March edition of the magazine STATUS, awarding The Restaurant by Kroun six stars out of six possible.

“North Zealand has a new gastronomic beacon. Kurhotel Skodsborg opened “The Restaurant by Kroun” with a kitchen that doesn’t compromise on anything and must be a candidate for a Michelin star,” writes Editor in Chief, Nils Finderup

QUALITY, SEASONAL AND LOCAL
Erik and his team choose the ingredients with meticulous focus on quality and seasonality for all our restaurants. Their suppliers are mostly local and organic, like Kieselgården and Øllingegård, and they cultivate their own herbs or collect them from the woods nearby.

As our guest, you will be served by earnest, knowledgeable staff who combine international standards, personal

engagement and an ardent passion for their craft to provide a uniquely Scandinavian level of service, wherever in the hotel you find yourself.

THE BEATING HEART OF THE HOTEL

Guests who prefer a more laid-back dining experience tend to gather in The Lobby, the beating heart of our historic spa hotel. The Lobby is where we spoil guests with light dishes characterized by Nordic notes, coffee and tea brewed with meticulous care, tasty mocktails and cocktails and freshly squeezed juices.

THE BRASSERIE SATISFIES ALL APPETITES

Enjoy a specially selected menu in informal surroundings in The Brasserie with an outstanding view of woodland or over the sea – the essence of Skodsborg. Here you can eat breakfast at dawn – or a little later ... In summer the terrace becomes the ultimate Danish Riviera experience with cocktails and snacks.

In The Brasserie, you can assemble your own menu from our a la carte selection. Alternatively, you can simply plump for “The Meal”, the masterful daily offering from Erik Kroun, that promises to satisfy every appetite.

THE WAY ERIK LIKES HIS OWN FOOD...

In all of our restaurants, we are happy to say, our talented Head Chef Erik Kroun, ensures dishes whose deceptive simplicity cannot stifle a stunning complexity of taste. Just the way Erik likes his own food: beautiful, simple, natural and substantial...



OUR HEAD CHEF, ERIK KROUN, AND HIS
TEAM CHOOSE THE INGREDIENTS FOR ALL
OUR RESTAURANTS WITH METICULOUS
FOCUS ON QUALITY AND SEASONALITY



JÆGERSBORG
DYREHAVE



THE LOBBY IS THE BEATING HEART AT KURHOTEL SKODSBORG. AT TIMES THE PULSE IS RELAXED, ALMOST MEDITATIVE. AT OTHER TIMES THE PULSE IS FASTER AND MORE ENERGETIC AS GUESTS MEET UP WITH OLD AND NEW FRIENDS OR THROW A PARTY





Every Sunday

SUNDAY MATINÉ & TEA WITH GEORG

Young talents play selected classical masterpieces, while guests enjoy “Tea with Georg” – our Nordic version of the traditional afternoon tea, coffee brewed with dedication or a light lunch.

Every Sunday 2-4 pm

Free entry

Please note that you do not need to make an advance reservation for Sunday Matiné.

SUNDAY MATINÉ
BETWEEN 2-4 PM

Every Friday

LOBBY TUNES

Warm up for the weekend with great, jazzy tunes by selected talents from the Rhythmic Music Conservatory in The Lobby.

Our competent bartenders will serve innovative, tasty cocktails and mocktails – developed in collaboration with Copenhagen Cocktail Legend, Gromit Eduardsen – while the kitchen will tempt guests with light dishes and snacks.

Please note that you do not need to make an advance reservation for Lobby Tunes.

LOBBY TUNES
BETWEEN 5-11 PM





LET US TREAT YOU TO SOME LUXURY

When you visit us it is our aim to fulfil your wishes and provide the ideal environment for you to relax, recharge and return home with new energy.

For this purpose we have created a range of overnight packages of which our ‘Luxury Overnight Treat Package’ is the most popular – and the most pleasurable.

LUXURY OVERNIGHT TREAT PACKAGE

We look forward to welcoming you from 3 pm on your chosen day of arrival. In your room you will find all the necessary accessories for a relaxed stay full of pampering: bathrobe, towel, slippers and our specially designed ‘bathing ritual kit’.

We suggest you begin your stay with “Tea with Georg”, our take on the traditional high tea, inspired by the Nordic kitchen and served on Georg Jensen tableware, in The Lobby, the beating heart of our hotel.

SIMPLICITY AND LIGHT

You have unlimited access to our spa and fitness centre, an architectural paradise with simplicity and light, created by Henning Larsen Architects and decorated by Artist Malene Bach.

The spa has 16 different bathing experiences, inspired by bathing traditions from all over the world, and you get to enjoy one of our signature treatments; Aroma Therapy Massage, Body Glow or Classic Nordic Facial. The fitness centre has state-of-the art exercise equipment, and we offer 120+ different group fitness classes a week. Surely one of them will tickle your fancy.

DINING WITH A VIEW

You will enjoy a three-course menu with a corresponding wine menu in our informal restaurant, The Brasserie, with a view to the forest or the sea. It is also here you will be served breakfast at dawn – or a little later...

Included in your stay are services like free Wi-Fi and complementary parking.

RELAXED AND RECHARGED

When noon and check-out approaches on your chosen day of departure, you will feel recharged but we hope that you will also be planning your next stay with us...

We invite you to find more information about the ‘Luxury Overnight Treat Stay’ under ROOMS at Skodsborg.dk



FOLLOW US

@kurhotelskodsborg facebook / kurhotelskodsborg
LinkedIn Kurhotel Skodsborg #kurhotelskodsborg Skodsborg.dk